



THE HOLY LIGHT ACADEMY



STEPPING STONES ALONG THE PATH



The Strivings of the Disciples

1. I strive to serve God by serving mankind.
2. I strive to seek true spiritual unity with others.
3. I strive to replace jealousy, anger, and strife, with love, patience and understanding.
4. I strive to hold no prejudices and accept all beings as equal.
5. I strive to speak and do only that which will give light, life, and love.
6. I strive for spiritual wisdom and understanding through the daily practice of meditation, contemplation, retrospection, and prayer.
7. I strive for moderation in all my desires.
8. I strive to contribute to the enlightenment of the people of the planet spiritually, morally, and materially through my activity in the greater community.
9. I strive to preserve all that is sacred to the fullness of my understanding.

These are the Strivings for the Disciples of the Holy Light. These are worthy guidelines to apply during your everyday activities and to incorporate into your normal lifestyle. We would suggest that you meditate upon each one, one per day, for deeper understanding and to enable these to sink into your hearts and minds, that they become ingrained as positive patterns of living. These are also worthy affirmations that you can use to repeat whenever necessary, or even in contemplative prayer.

Let us add that contemplating upon these Strivings provides a contextual framework that may be used as you strive to live a virtuous way of life.

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